

# Town of Lamont

## COVID-19 Update

### July 29, 2021

As of July 29, 2021 the following changes have been made to the COVID-19 restrictions:

- Close contacts of an individual with COVID-19 will no longer be legally required to quarantine, unless directed to do so by local public health.
- Individuals with COVID-19 symptoms and confirmed cases will still be required to isolate.
- Hotel rooms for isolation will be available on a reduced basis.
- All asymptomatic COVID-19 testing will no longer be recommended. Testing will continue to be available provincewide for individuals who are symptomatic.
- All positive tests will continue to be notified. Contact tracers will not notify close contacts of positive cases, but will ask that individuals do so when informed of their positive result.
- Contact tracers will continue to investigate cases in high-risk settings, such as acute and continuing care

**Plexiglass barriers, enhanced cleaning and hand sanitizing stations will still remain in place at Town buildings. While masks and physical distancing are no longer mandatory, the Town of Lamont is recommending the public continue to practice social distancing and wearing masks when unable to distance.**

**Frequently washing or disinfecting your hands, getting vaccinated and staying home when you're sick will continue to be important to protect our community and limit the spread of COVID-19.**

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